



# Trish and Amanda Dennison



International Award Winning Speaker & Dynamic Trainer Trish Dennison, Founder of Mindworks Ltd., has teamed up with Amanda Dennison, founder of Power of Intention - Breakthrough Coaching. Combining 22 years of Experience with Accelerated Learning Techniques and Breakthrough Coaching, they bring you Revolutionary Creative Experiential Seminars and Programs that assist you every step of the way to personal and professional happiness and success.

**Trish and Amanda's Seminars are Guaranteed to: Educate, Entertain and Empower you!!**

You will learn to create new levels of health, wealth, relationships and more.

Every seminar provides simple precise tools and practices to apply and achieve any goal.

"When you understand the Inner Connection to your Outer Expressions you can create by Choice vs.. Chance." TD

**"Start LIVING your dreams!!" AD**

To Register for a class or for more information on dates Location and more:

### Call:

780-766-2911 (Locally) 1-866-766-2911 (Toll Free) 780-933-2391 (Cell)

### Write:

Trish or Amanda Dennison  
RR 2 Site 25 Box 9  
Grande Prairie AB, CA.  
T8V-2Z9

### Email:

amanda@firewalks.ca  
trish@butterflybreakthroughs.com  
trish@mindworksconnections.com

### Visit us on line At:

[www.Firewalks.ca](http://www.Firewalks.ca)

[www.Butterflybreakthroughs.com](http://www.Butterflybreakthroughs.com)

MINDWORKS PRODUCTIONS



BRING YOU

## INNER WEIGHT MANAGEMENT 2 DAY INTENSIVE



TRISH DENNISON

Reiki Master/Teacher, Clinical Hypnotherapist, Fire Master, Breakthrough Coach,  
Dynamic Trainer, Family/Child Counseling, Basic Body Analysis



AMANDA DENNISON

Reiki Master/Practitioner, Fire Master, Breakthrough Coach,

# Inner Weight Management

Are you an unconscious eater?

Do you eat when your. . .

Lonely? Sad? Depressed? Bored? Angry? Tired?

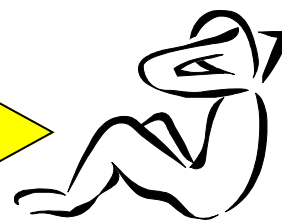
*Are you Eating to Live?..... Or Living to Eat??  
? What has food become for you??*

More than what you eat.....  
It's how and why you eat !

Why can't I loose weight and keep it off??

If dieting has failed to take or keep the weight off look at what Trish has to offer at this 2 day experiential and inspirational workshop.

Enjoy a guided visualization to set a new inner blue print from the inside out! Empowering you to live your dreams!



All Participants get to take home a **FREE** Self Hypnosis Support CD !! (Value \$30.00)

"I was 65 lbs overweight, lonely and depressed when I went to Trish for inner weight management. Once I understood what was "weighing" on me it all made sense. Together we covered the basic requirements of successful weight management and designed a program of steps that worked for me on my journey. Success !

Today I am 70 lbs lighter mentally, emotionally and physically. I highly recommend this program for everyone "LL

## AT our 2 Day Intensive you will:

Discover: How you got here

Decide: How you want to be

Deliver: New messages to yourself

Develop: A new relationship with food

Do: Things differently

Delight in the results

The biggest part of making lasting changes is understanding the way you think, feel and ultimately behave.

When you begin to take care of yourself it builds confidence, motivation and the ability to get control of your life.



**WHEN:** April 14 & 15 2007

June 2 & 3rd

10am to 4pm both days

**WHERE:** Grande Prairie

**HOW MUCH:** \$300.00



**PRE-REGISTRATION AND DEPOSIT IS REQUIRED** one week prior **TO HOLD YOUR SPACE**

There are only 20 seats Available so Register Today to ensure yourself a seat at this life changing seminar. Be ready to play  
Registration Information on the back.